

Research Internship 2017

25 September- 6 October

Intern: Valmira Kodra, Resident in Child and Adolescent Psychiatry, University Hospital Center, "MotherTeresa" Tirana, Albania

Host: Prof. Dr. Andreas Reif, Goethe University Frankfurt Am Main, Klinik Fur Psychiatrie, Psychosomatik und Psychotherapie.

Thank you very much ECNP for this unforgettable opportunity which I was given. It was a great pleasure and I am very delighted to have had the possibility to participate 2 weeks at Goethe University. I was very welcomed by the Prof. Andreas Reif and from the staff.

I spent one week in Adult Psychiatric Hospital and one week in Child and Adolescent Psychiatric Hospital. At the adult hospital I was presented to the big researches they were doing: Resilience of Depression, i took part in many measurements with participants and i saw the very interesting neuropsychological testes they were applying. I followed fitness test with patients in Coca Project and did the evaluation of ADHD patients for the projects with Dr. Moritz. I learnt many questionnaires which I can use then on my future researches.

In one week that i spent in Child and Adolescent hospital I saw different and amazing projects they were doing for Autism Spectrum Disorder and one of them me and my mentor are thinking to apply in Albania: the differences in the brain of children with autism disorder, to compare grey substance in children with conduct disorder, and to use international effective for emotional picture system IEPS for analyzing the empathy in aggressive children.

In these 2 weeks I have learnt a lot in the field of research, i am very inspired and motivated to practice them with my colleagues at our hospital and i am very happy to have all the support from Prof. Dr. Reif. At the end i want to thank you the great staff that teached me a lot: Silke Matura, Rebeca Horstmann, Julian Koph, Dr. Grimm Oliver, Heike Althen, Jutta Mayer.

